

# Agile Evolve Canvas

## Resonance

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### 1. Fluency Zone

*Which zone, (Focussing, Delivering, Optimising or Strengthening,) resonates with you and why?*

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### 2. Areas of Interest

*Which 3 cards for that fluency zone resonate strongly for you?*

## Why?

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### 3. Current Reality

*Which state on the chosen cards matches your current reality and why?*

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### 4. Awesomeness

*Which state on the chosen cards do you want to improve, and why?*

## How & What

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### 5. Strategies

*How can you do get to the next state? What strategies can you employ to get there?*

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### 6. Actions

*What do you need to make the new state a new reality?*